



Activity Sheet

Rainbow

'Rainbow' is a song inspired by all the colours of the rainbow . It's also about accepting ourselves and each other, and being proud to be who we are! This song is perfect to use as part of Pride month, as it has an inclusive, celebratory message and can be used as a thinking tool for schools / settings as well as within the home.

Activity Ideas

- ★ **Rainbow bubbles!** Use non-toxic bubble solution and add food colouring to create rainbow bubbles. Show your child how the bubbles reflect different colours. There's lots of fun and fantastic art to be made!
- ★ **Rainbow flags!** Make a rainbow flag with your child(ren) using a large sheet of paper or fabric, plus some chunky pens or paints. They'll be able to learn about the colours of the rainbow and the order that the colours could go on. You can even sing, or listen to the rainbow song whilst you do it!
- ★ **Talking point:** Why are rainbows so pretty? Pose this question to your small people and see what they say! What would rainbows be like if the colours were all the same? You could get some paints out to paint rainbows, and see what they look like when painted all in one colour. Boring right!?! Just like difference makes rainbows so exciting, it's our differences as people that makes us interesting. But those aren't the only things that make you, you... and me, me. We like different things. We wear different styles of clothes. We think in different ways. We like different people and fall in love with different people.

Where to find the song

Find us on [Spotify](#) and [YouTube](#) - just search London Rhymes!

Further activities

For more activities relating to this song and others that address key topics for children, check out our website: www.londonrhymes.com

**You be you,
I'll be me
Celebrate
and be free!**



— london —
RHYMES

Activity Sheet

Lyrics

Rainbow, can you sing a rainbow with me?
Rainbow, can you sing a rainbow with me?
Red and yellow and pink and green
Purple and orange and blue
I can sing a rainbow, sing a rainbow
Sing a rainbow too

Rainbow, can you sing a rainbow with me?
Rainbow, can you sing a rainbow with me?
Red and yellow and pink and green
Purple and orange and blue
I can sing a rainbow, sing a rainbow
Sing a rainbow too

I can sing a rainbow too!
I can sing a rainbow too!

Rainbow, can you sing a rainbow with me?
Rainbow, can you sing a rainbow with me?
Red and yellow and pink and green
Purple and orange and blue
I can sing a rainbow, sing a rainbow
Sing a rainbow too

I can sing a rainbow too

So wave your flag with pride
Wave your flag from side to side
Wave your flag with pride
Wave your flag from side to side

Rainbow, can you sing a rainbow with me?
Rainbow, can you sing a rainbow with me?
Red and yellow and pink and green
Purple and orange and blue
I can sing a rainbow, sing a rainbow
Sing a rainbow too

I can sing a rainbow too!

So wave your flag with pride
Wave your flag from side to side
Wave your flag with pride
Wave your flag from side to side
I can sing a rainbow too

You be you, I'll be me
Celebrate and be free
You be you, I'll be me
Celebrate and be free

Rainbow, can you sing a rainbow with me?
Rainbow, can you sing a rainbow with me?
Red and yellow and pink and green
Purple and orange and blue
I can sing a rainbow, sing a rainbow
Sing a rainbow too

I can sing a rainbow too!
I can sing a rainbow too!
I can sing a rainbow too!
I can sing a rainbow too!

