

# london RHYMES

## Activity Sheet

### Yes I Can!

'Yes I Can!' was written to help break down the gender roles that we know children begin to get an idea of between the ages to 5 and 7. We want to inspire children to know that they can be anything no matter what their gender, and if we start the conversation between the ages of 3 and 4 we can begin to gently counteract their gender stereotypes.

### Activity Ideas

★ Ask your children to draw or describe a ballet dancer - chances are they will say they are a female. Then show them a picture or video of a male dancer.

★ Also - ask your children to draw or describe a footballer - chances are they will say they are male. Then show a picture or video of the England Women's Football team.

★ Talk to your child about what they might want to be when they grow up - and encourage all their ideas. If they use gendered terms like postman, change it to post person instead.



pp **I can be a boy,  
I can be a girl,  
I can be a  
ballerina,  
Watch me  
twirl.** dd

### Where to find the song

Find us on [Spotify](#) and [YouTube](#) - just search London Rhymes!

### Further activities

For more activities relating to this song and others that address key topics for children, check out our website: [www.londonrhymes.com](http://www.londonrhymes.com)

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